

impact

FALL 2023

INTEGRIS
HEALTH
Foundation

STEWARDSHIP REPORT *of the* INTEGRIS HEALTH FOUNDATION



celebrating our tiniest patients



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New Heart Hospital
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our community's passions



Cancer – The INTEGRIS Health Cancer Institute offers one of the foremost collections of physicians and cutting-edge therapies for the diagnosis, treatment and survivorship of cancer.



Pediatrics – By investing in quality pediatricians, advanced technologies and enhanced experiences for our youngest patients, we're investing in our future.



Cardiac Care – With our new state-of-the-art heart hospital, along with the high levels of expertise and compassion INTEGRIS Health is known for, the best heart care is available under one roof.



Mental and Behavioral Health – We're committed to addressing Oklahoma's mental health crisis by improving access to services and investing in prevention that positively influences generations to come.



Addiction Recovery – As the regional leader in treatment, INTEGRIS Health Arcadia Trails Center for Addiction Recovery offers innovative treatment and holistic healing in an idyllic setting.

your. passion has impact

SKIP'S CORNER

Here at the INTEGRIS Health Foundation we believe in the power of philanthropy.

Your passion for helping those in our community to thrive is our passion too. Our mission is to help people live healthier lives through meaningful and impactful philanthropy. The way we do that is by partnering with you.

INTEGRIS Health is continually investing in the health of the community. We're developing new services and specialties and investing in technology, facilities and our people.

And we're listening to you!

This year the INTEGRIS Health Foundation set out to determine our community's most valued priorities. The responses we received were clear – our generous donors value health care that affects almost every Oklahoman.

Your philanthropy – your passion – ensures INTEGRIS Health can be the most trusted partner for health. On behalf of all the people whose lives have been changed by your philanthropic impact, thank you.



Warmly,

Skip Leonard

Vice President
INTEGRIS Health Foundation

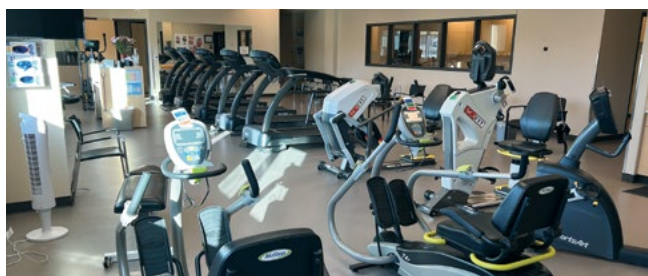
heart of the matter



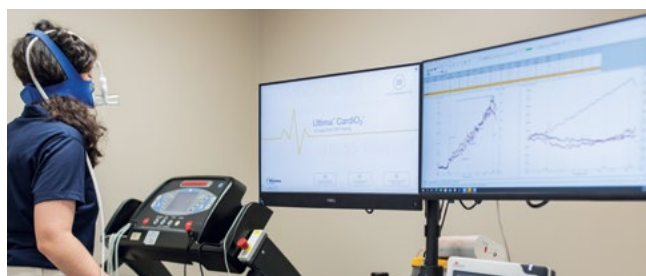
UPDATE!

Last September, more than 700 guests celebrated INTEGRIS Health's 23rd annual gala benefiting heart health across Oklahoma. Together we raised \$776,587 for the INTEGRIS Health Heart Hospital and its statewide network of lifesaving care. As heart disease is the leading cause of death in Oklahoma, INTEGRIS Health is committed to providing the best heart care available.

Thanks to the generosity of two of our cherished volunteer auxiliaries, cardiac care at INTEGRIS Health received two major upgrades.



The INTEGRIS Health Edmond Volunteer Auxiliary funded renovations for cardiac rehabilitation at their facility. **Thanks to their generous gift of \$44,000, these renovations were completed earlier this year.** The exercise area was expanded and made more patient friendly. Cardiac rehab decreases the likelihood of future cardiac events and allows patients to return to normal life as soon as possible.



Thanks to the generosity of the INTEGRIS Health Baptist Medical Center Volunteer Auxiliary, the heart hospital now owns a new Ultima Cardio2 system. For Oklahoma's only heart and lung transplant center, this equipment is vital for our highest-severity patients. **We are incredibly thankful for the auxiliary's \$65,520 investment toward Oklahoma's heart health.**

This March marked a significant milestone toward the completion of the new INTEGRIS Health Heart Hospital. Community members, health care leaders and caregivers joined in a topping out ceremony, a longstanding construction tradition that occurs as the highest structural beam is raised into place. The tree on top of the beam represents good luck and new beginnings for the hospital.

Before it was lifted, everyone had a chance to sign the beam, leaving a permanent mark on this new state-of-the-art facility. The heart hospital allows INTEGRIS Health to continue to offer the best heart care available anywhere in the world. Expected completion is March 2024.

Visit integrisgiving.org/heart to keep up with our progress and view the Heartland Emmy-winning video about an exceptional family who received care from our amazing cardiac team.

building update!



event updates

This year, more than 57 participants joined us as we kicked off the inaugural Pickleball Tournament on April 15th, benefiting INTEGRIS Health Arcadia Trails Center for Addiction Recovery. With \$16,211 raised, all funds benefit patient assistance projects, supporting the life-changing services provided at Arcadia Trails. This state-of-the-art treatment program includes medication assisted therapy, individual and group therapy, and inpatient and outpatient settings for individualized recovery.



The 36th Annual Golf Classic on June 5th raised a record breaking \$233,210 and welcomed 208 golfers at Oak Tree Country Club.

Each dollar raised benefits the INTEGRIS Health Cancer Institute as they enhance and expand their infusion programs. IHCI leads the region in cancer treatment, boasting outstanding physicians and state-of-the-art comprehensive therapies for diagnosis and treatment. *Updates and renovations to the infusion center will ensure patients are comfortable and receive the best treatment available.*

This September, hundreds of guests will celebrate the 24th Annual INTEGRIS Health Gala benefiting mental health initiatives. At INTEGRIS Health, we're committed to improving access to mental health treatment, when and where patients need it. At this year's gala our goal is to ensure that every patient who needs mental health services gets connected right away.

All proceeds will go toward implementing projects like the Automated Care Companion, which will allow our health system to use technology to engage with patients experiencing mental health issues and those in crisis. Patients will have access to online coaching, self-guided care and 24/7 resources for emergency situations.



Join us and follow along with our events all year at integrisgiving.org/events.

cover
story

Jadyn's Legacy

11 years later

Fifteen Days...

Fifteen days were all the Griffin family had with their youngest daughter Jadyn.

Born at only 25 weeks, Jadyn weighed just over one pound and fit into the palms of her parents' hands. Although she lived only two weeks, her short life inspired the grieving family to create a legacy of healing and hope to support the families of other babies in the NICU.

Since Jadyn's three older sisters had been born prematurely, Maria and Clay Griffin felt like experts in a subject no parent wants to understand personally. They knew to anticipate a tangle of wires, PICU lines and IVs as well as sleepless nights waiting for their daughter to come home. Despite this, they remained hopeful, reassuring each other, "We got this. We've been through this in the NICU."

For 15 days, the fourth floor waiting room became a second home to the Griffin family. Each evening after dinner, the entire family made the trip to the hospital, working on homework assignments in the waiting room and trading visits with Jadyn.

Jadyn managed to achieve a few treatment milestones in the NICU, but her breathing began to deteriorate. Early one morning, Maria and Clay received a phone call from the NICU.

"You need to come to the hospital right now," the nurses told them.

Maria and Clay rushed to the NICU, fearing that their worst nightmare was coming true.

"How much time does she have?" Clay asked the nurse, dreading the answer. Jady's caregivers couldn't be sure.

Too delicate to be outside of the equipment keeping her alive, Jady had lived for 15 days without being held by her parents.

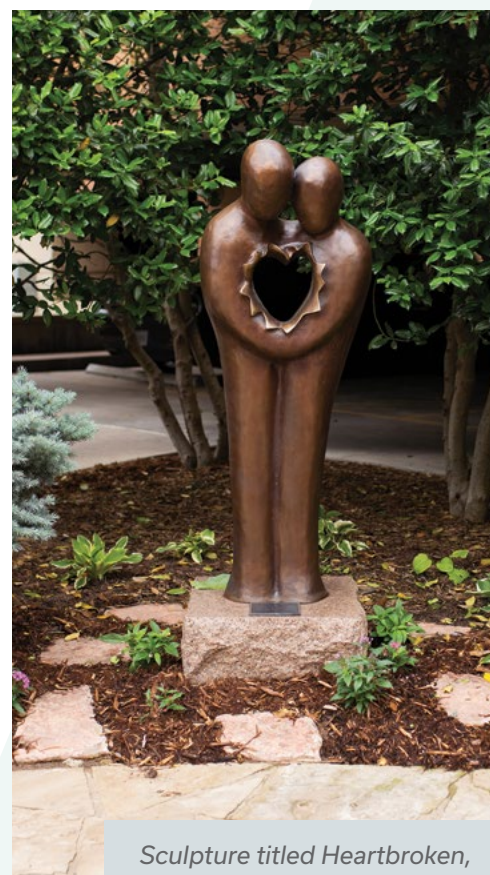
"I knew Maria needed to hold her then," Clay shared.

After Jady's nurse carefully removed her from the two ventilators allowing her to breathe, she gently passed Jady's tiny body to Maria.

In the arms of her mother for the first time, Jady took her last breath.

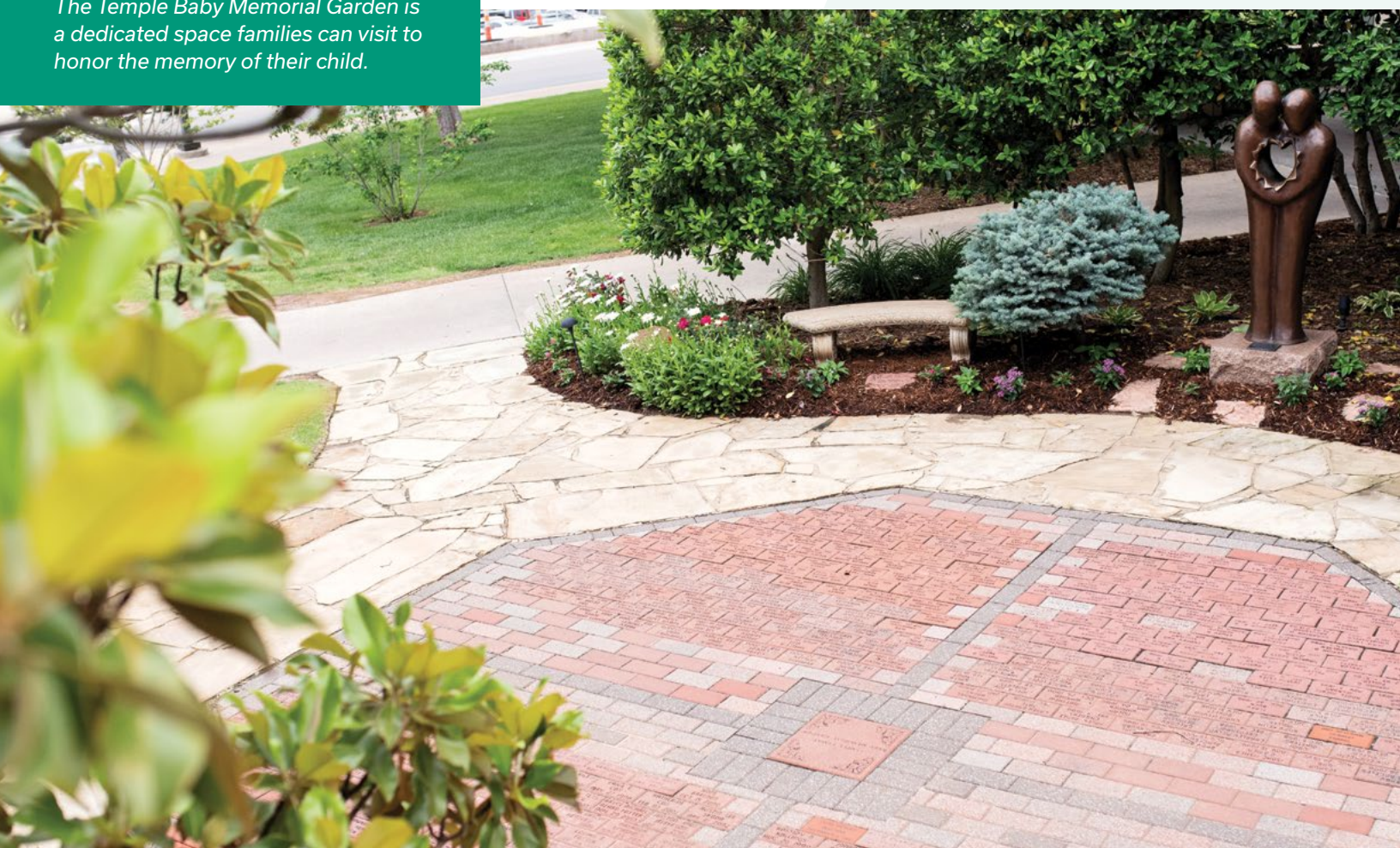
"It was hard. It was really hard," Maria shared. "Afterwards you have this ... I'm not even sure how to describe it - but this heaviness. You can't breathe."

In the months following their loss, the Griffins took comfort in the PRIDE Program (Parents Responding to Infant Death Experience) at INTEGRIS Health, a support group dedicated to families grieving the loss of an infant. Today, the PRIDE Program hosts a memorial service every October. With a brick dedicated in their memory, families come together to honor infants who were recently lost. These families find solace and hope in their shared experience, some attending this memorial service for more than 20 years.



Sculpture titled Heartbroken, created by artist Bob Willis.

The Temple Baby Memorial Garden is a dedicated space families can visit to honor the memory of their child.



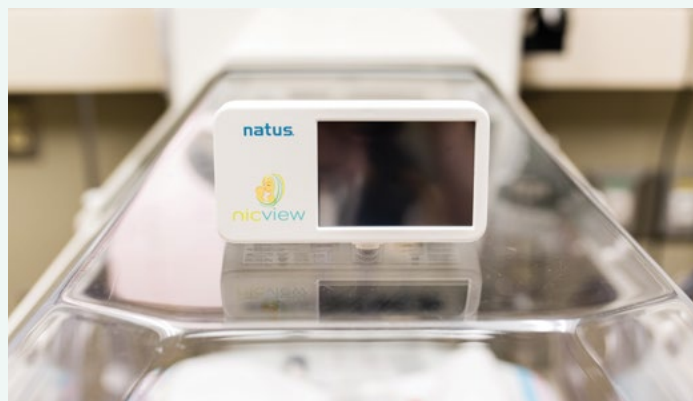
“That’s kind of where we started to get involved with the Foundation and our support for the NICU,” Clay noted. “We found out that the memorial service and memorial bricks were being paid for by NICU nurses, and we wanted to support them and give back.”

While attending the first memorial service after Jady’s passing, the Griffins learned about upcoming renovations to the Temple Baby Memorial Garden, including the idea of adding a sculpture. Feeling a connection to the other families in the garden experiencing the loss of an infant, they contributed to a commissioned sculpture titled Heartbroken.

From the front, the sculpture features a hole in the shape of a heart, the edges jagged and ripped. The hole extends all the way through the sculpture, the edges gradually becoming less and less tattered, until they are nearly smooth on the back. The sculpture represents the pain families feel after the loss of their child.

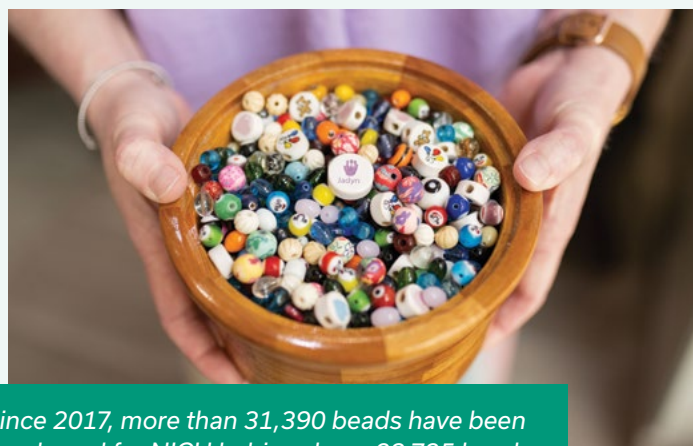
“It’s not that it goes away,” Clay says. “But over time we begin to heal.”

While her life was short, Jady’s legacy has inspired multiple projects the Griffins continue to support. They hope to encourage other families who find themselves in that same fourth floor waiting room, holding their breath as they wait for good news.



NicView

NicView cameras give peace of mind to the parents of our tiniest patients. These cameras, attached to the cribs of infants staying in the NICU at INTEGRIS Health Children’s at Baptist Medical Center, allow families to check in on their babies when parents are unable to stay full time in the hospital. Troubled by the fact that their daughter Taelyn was too young to visit the NICU and never had the chance to meet Jady, the Griffins helped to fund the NicView project.



Since 2017, more than 31,390 beads have been purchased for NICU babies alone. 23,795 beads have been given to pediatric patients in the chronic illness and burn units.

Beads of Courage

Beads of Courage was established at INTEGRIS Health in 2017 by the Griffin family. Every time a baby reaches an important medical milestone, they receive a bead. With 30 different beads, including a special bead in honor of Jady, Beads of Courage provides hope to families as they see just how far their baby has come.

impact by the projects



One of our volunteers told the story of a patient who cried when she received a blanket from the Joy Cart, saying it “felt like home.”

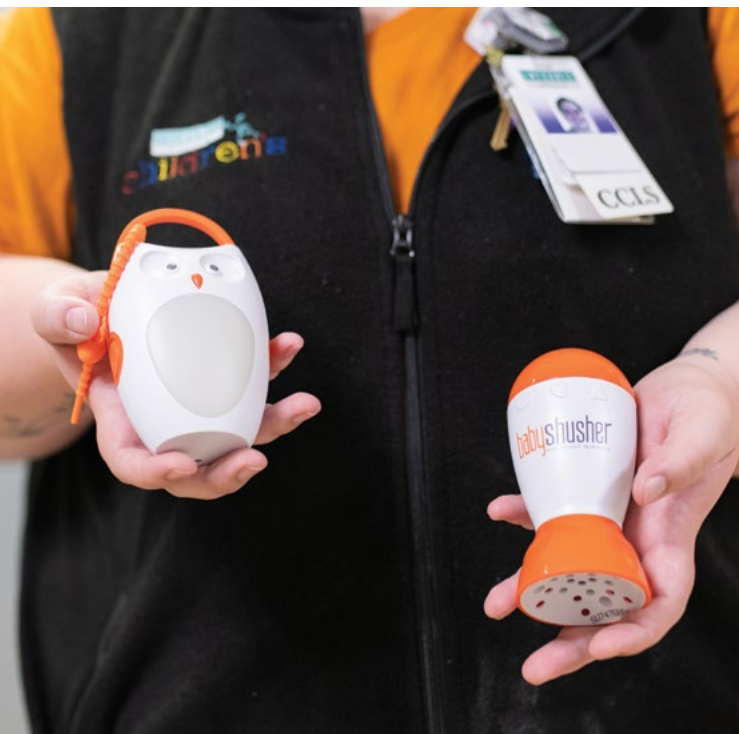
Spreading Joy

With the new Joy Cart at INTEGRIS Health Baptist Medical Center Portland Avenue, volunteers bring a spark of happiness to patients. Throughout the week, they make the rounds with a cart overflowing with games and comfort items for patients of all ages.



Charitable Care

Before any small child can go home from the hospital, parents must demonstrate that they have safe transportation available. For families with limited resources, the INTEGRIS Health case management team provides car seats for any family that needs one.



NICU

By creating a relaxed atmosphere that benefits both infants and their families, music therapy plays a vital role in the development and recovery of babies in the NICU. Devices like Pacifier Activated Lullabies improve important health outcomes, **allowing babies to go home on average 12 days earlier.**



Mental Health

The children at INTEGRIS Health Mental Health Spencer are on a long road to recovery, many having experienced abuse or other types of trauma. Caregivers at Spencer provide these kids a safe environment and therapeutic tools to help them deal with aggression, depression and self esteem. The new basketball court is a place kids can have fun and learn how to play with others. It's more than just a basketball court – it's a place to be a kid again.



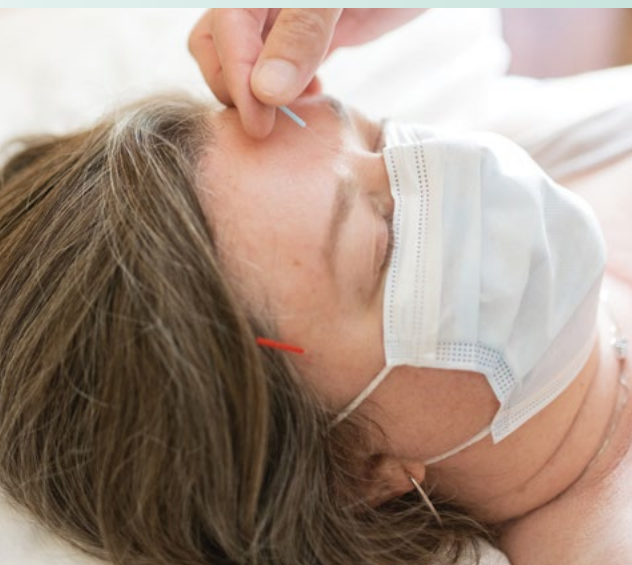
Rehabilitation & Stroke

Last Summer, INTEGRIS Health Jim Thorpe Rehabilitation hosted a stroke rehabilitation conference for their nurses and physical, occupational and speech therapists. More than 100 caregivers received hands-on training to treat patients and provide exceptional rehabilitation for those recovering from strokes.



Cancer

CanServe provides new cancer patients five free meals, prepared with the freshest ingredients by our dietary team at INTEGRIS Health Southwest Medical Center. CanServe ensures meals are one thing exhausted new patients don't have to worry about during treatment. **Since 2016, 14,088 meals have been provided to 2,817 cancer patients.**



Research shows acupuncture is one of the best ways to relieve the side effects of cancer treatment. At the INTEGRIS Health Cancer Institute's wellness center, patients have found it is so effective at alleviating their symptoms and pain from cancer treatment that most continue acupuncture sessions at IHCI even after their treatment has concluded.

"These acupuncture treatments were the one thing to look forward to coming into the center. Even if it started with a connection to the side effects of chemotherapy, it was the highlight of my day."

- HALA AYASH, FINISHED CHEMOTHERAPY IN JANUARY 2023

a journey toward healing



Barbara and Roy celebrated their 62nd wedding anniversary in June.



About 261 miles lie between INTEGRIS Health Cancer Institute (IHCI) and Amarillo, Texas.

But when Roy Frisbie was diagnosed with lung cancer, he and his wife Barbara knew traveling to Oklahoma City to receive treatment from INTEGRIS Health would be worth it.

Their journey began in 2018, when doctors in Amarillo discovered cancer in Roy's lungs. They insisted his only treatment option was chemotherapy. After witnessing the effects of chemotherapy on his mother, Roy decided to explore other treatments.

A few phone calls and 261 miles later, Roy and Barbara found themselves at IHCI. There, expert physicians could administer radiation treatments for Roy's lung cancer and monitor his lingering, but controlled, prostate cancer.

Since Roy's treatment required two weeks of radiation twice a day, they needed to stay close to IHCI. The American Cancer Society covered the cost of their lodging during that trip, enabling them to stay in nearby cottages.

The couple returned to Amarillo two weeks later with a healthy prognosis for Roy's lung cancer. After that, their trips to IHCI shifted to routine appointments every few months. But during one of his check-ups, Dr. Robert Gaston discovered

Roy's previously-managed prostate cancer had worsened.

Roy needed another round of radiation, this time twice a day for five weeks.

Roy and Barbara were concerned about the cost of a hotel for the length of time he would need

to be at IHCI. Fortunately, because of donors like you, Roy and Barbara were provided 10 days in a local hotel with lodging funds available through the INTEGRIS Health Foundation.

"We're not rich by any means. But the lodging fund took care of where we stayed the first week of treatment," Barbara recounts. "We only had to take care of gas and food, and I cannot express how much of a relief that is with everything else going on."

The caregivers at IHCI also worked with the couple to find extended-stay lodging for the remainder of their stay in Oklahoma City, helping them find a hotel within their budget and ensuring they felt comfortable.

"This program is just wonderful," Barbara shares. "You don't feel pressure or stress because the lodging is there, and they've worked it all out for you."

Even though treatment could be difficult, they felt confident knowing that lodging had been taken care of.

The lodging fund was first created by YOU&I donors in 2016. Learn more about the impact our caregivers have on INTEGRIS Health on page 15!

As of this May – seven years after the first time he walked through the doors at INTEGRIS Health Cancer Institute – Roy finds himself nearly free of prostate cancer. And because of the care he received, Roy and Barbara were able to celebrate the birth of their newest great grandchild.

The Frisbies' journey has been long – 261 miles, many times over – but the road to healing has been paved with kindness and support.

On behalf of the Frisbies and all the other families you've helped through your generosity, thank you.



to the donors of
Arcadia Trails

With the help of generous donors like you, INTEGRIS Health Arcadia Trails Center for Addiction Recovery is providing second chances every day. We firmly believe access to care and addiction resources should not be limited to those of financial means, but available to anyone who needs it.

When Arcadia Trails opened its doors, generous donors established a patient assistance fund to help achieve our mission of partnering with people – all people – to live healthier lives. These funds pay for treatment and medications to help patients remain free from addiction. Last year over 28% of patients at Arcadia Trails received some form of patient assistance. Simply put, thank you for your support of these individuals and their second chance at life.

\$398,471

**patient assistance funds spent this year for
addiction recovery**





a breath of fresh air

A Struggle for Breath

For Ken Wyatt, half a block and a flight of stairs should never have been a challenge. He used to lead boy scouts on 50-mile hikes through the rugged Rocky Mountains. But suddenly, the simple act of breathing was an uphill battle.

With each step, he felt his chest tighten, recalling even the simplest conversations were a struggle for breath. Over time his worry grew as his condition worsened.

Seeking medical help from a specialist, the news he received was devastating. Ken was diagnosed with idiopathic pulmonary fibrosis – a chronic, progressive lung disease that causes scar tissue to build up in the lungs.

For someone his age, this was essentially a death sentence.

The worst part was, despite being otherwise healthy, at 79, Ken was simply considered too old for the

transplant that could save his life. He refused to accept that age should be a barrier to a life-saving solution. According to Ken, his grandfather lived to the age of 103 and his mother, 106.

He wasn't afraid to die, but he knew he had more life to live.

A Search for Hope

Ken's determination led him to seek a second opinion, refusing to accept the initial prognosis. A second physician agreed. Apart from his failing lungs, Ken was remarkably healthy and was immediately referred to the renowned INTEGRIS Health Nazih Zuhdi Transplant Institute.

Following a comprehensive series of tests, the transplant team found that Ken was an ideal candidate for the procedure, defying any limitations imposed by his age. He was swiftly added to the lung transplant list.

With such a short time frame the urgency of the situation became apparent. "I was thankful to be on the list, but I knew it also meant I didn't have a lot of time," Ken admits.

Knowing that some people wait years for a life-saving transplant, Ken was both surprised and grateful when, less than two months later, he received the call that they had a viable lung for him.

The Gift of a Second Chance

Ken awoke from surgery to a new sensation – a full breath filling his lungs. The simple act of breathing is a poignant reminder that life is a precious gift we keep for only a brief time.

Ken still carries a weight on his heart – a profound awareness of the sacrifice made by the donor and their family. With humility his voice breaks as he recalls his recovery,

“I wrote the donor’s family a letter. I wanted them to know how much I appreciated it. To be given a second chance in life, I am forever grateful. There is nothing like waking up and being able to breathe.”

A Second Wind

Today, Ken at the age of 84 is proof positive that age is relative. He still lives an extremely active life, volunteering for a variety of organizations and tackling physical tasks around the house.

With pride, he shares, “I’m probably the only one on my street who still mows his yard.”

This journey has granted him a fresh outlook on life, infusing Ken with purpose. He believes that there is a plan guiding him forward. Ken states, “I figure that God must have a mission for me since I’m still here. I’ll stay as long as it takes to fulfill that purpose. When the time comes, He’ll let me know.”

Ken and his transplant surgeon, Dr. Craig Elkins share a moment, reflecting on Ken’s progress since his transplant.

According to Ken, it is now his mission to raise the age limit of lung transplant recipients. He wants people to know that age doesn’t have to be a deterrent to seeking an organ transplant.

Knowing just how precious a second chance is, Ken has chosen to partner with the INTEGRIS Health Foundation as a financial donor. His gift to the Samara Family Transplant Patient Assistance Fund helps patients who would be disqualified for a transplant because of the lack of financial resources.

Since the fund was established in 2019, \$111,168 has been awarded to patients in need.

As a supporter of the INTEGRIS Health Foundation, you are an integral part of empowering stories like Ken’s. You help provide the necessary resources for individuals who need life-saving transplants.

Ken’s journey, marked by resilience, a deep love for life and a genuine commitment to helping others, serves as a shining example of the transformative power of second chances. Your generosity enables these transformative journeys to unfold, allowing individuals to embrace life with renewed hope and purpose.



impact by the numbers

When you give to the **INTEGRIS Health Foundation**, your gift unites with others to provide a collective impact that makes a difference in the lives of thousands of Oklahomans each year.

4,224

Total number of foundation donors in 2023

\$5,713,340

**Amount raised in 2023 across
IHF projects/funds**

45

**Number of years donors like you have been
making an impact through the foundation**



YOU&I Change Lives

Caregivers are changing lives at INTEGRIS Health.

Every year, thousands of caregivers unite to support 26 unique passion projects through the INTEGRIS Health Foundation's YOU&I Campaign, an employee-led annual giving campaign. YOU&I is proof of the impact a collective group can have – providing more than \$8 million and impacting more than 400,000 lives since 2012. Fueled by their passions, stories and personal experiences, our caregivers impact every patient and community that INTEGRIS Health serves across Oklahoma through their own meaningful philanthropy. Our caregivers are changing lives at INTEGRIS Health, just like you.

2,773

number of caregiver donors in 2023



our passion

Scan to watch the inspiring stories of why our employees give back.

\$759,121

dollars raised from caregivers

26

number of passion projects funded

2023 marked the 12th year of YOU&I.



The Child Life program was established in 2017, with a grant through the INTEGRIS Health Foundation.



Our team of Certified Child Life Specialists works with pediatric patients in facilities across Oklahoma City.

Child Life Specialists create a more positive experience for kids during what can be a scary time, easing their fears and anxiety around treatment and illness.



The Child Life program at INTEGRIS Health is a team of 11 specialists, including one Gaming and Technology Specialist.

Keep up with what's going on at the Foundation all year!



SIGN UP FOR OUR E-NEWSLETTER AT [INTEGRISGIVING.ORG.](https://www.integrishospital.org/giving)