

impact

FALL 2022

INTEGRIS
HEALTH
Foundation

STEWARDSHIP REPORT of INTEGRIS HEALTH FOUNDATION



healing the whole person

CARE COORDINATION PROGRAM UPLIFTS PATIENTS
PAGE 7

philanthropy matters here

Skip's Corner



Skip Leonard
Vice President
INTEGRIS Health Foundation

Philanthropy is driven by your big, powerful dreams to accelerate meaningful change.

Not-for-profit health systems play vital roles in communities around the country by allocating resources and developing services based on the health care needs of residents. When a not-for-profit health system has revenue that exceeds expenses, instead of distributing profits to shareholders, funds are invested to further the organization's mission and make communities healthier and stronger.

But revenues from operations and investment income alone will not drive transformations at INTEGRIS Health. That is largely due to the fact that the costs of providing medical services continue to rise and other disruptive changes are occurring in health care. Reimbursements from both private insurance and federal sources like Medicare and Medicaid continue to shrink and the costs of new equipment, technology and medications are soaring. Health care systems like INTEGRIS Health turn to philanthropy to help fund essential projects and programs that improve patient safety, patient care and patient satisfaction.

Your support of INTEGRIS Health can fuel unimaginable possibilities – inspiring medical teams, saving lives in real time and advancing progress where operational dollars alone cannot.

INTEGRIS

HEALTH

Foundation

“Philanthropic support – a strategic investment in INTEGRIS Health – means we can provide everything a patient will need to improve their health, and we can accelerate progress to ensure that life-saving care can continue to happen here every day.” Skip Leonard, Vice President, INTEGRIS Health Foundation

Your personal philanthropic imprint is guided by your own experiences and passions. By making a strategic investment in INTEGRIS Health, you can create a lasting impact wherever your passion lies. From cancer care to heart health, from hospice care to pediatrics, your support catalyzes a lasting impact by providing the resources to purchase innovative equipment, improve patient-centered care, develop extraordinary medical teams and create meaningful state-of-the-art spaces where lives are forever changed and saved.

As the state’s largest not-for-profit and Oklahoma-owned health care system, INTEGRIS Health is governed by leaders and focused solely on the needs of our neighbors. With hospitals, specialty clinics and family care practices throughout Oklahoma, INTEGRIS Health is here for you. But medicine isn’t always about caring

for the sick. It’s about doing everything in our power to keep our friends and neighbors and every Oklahoman healthy.

At INTEGRIS Health, our mission is to partner with people to live healthier lives. It is what every physician, nurse and INTEGRIS Health caregiver was born to do. The pandemic challenged our community and our medical teams, but we rose to the occasion and delivered extraordinary care. In fact, that excellent and compassionate care is what the entire INTEGRIS Health team has always provided our patients.

It is that commitment that turns our sights on another challenge in our midst: More Oklahomans die every year from heart disease than citizens of any other state. The heart health crisis in Oklahoma could not be more serious, and that is why INTEGRIS Health is on a mission to address it.

We are building a state-of-the-art heart hospital to meet the next level of expertise and compassion and to provide all the heart services our community needs under one roof. Read on to learn more on pages 3 and 4.

Sincerely,



impact
inside this issue



**Heart Hospital
Campaign Update**

PAGE 3



**YOU& Campaign
Highlights**

PAGE 12



**Arcadia Trails
Impact Report**

PAGE 13

COMING SOON!

New Patient-Centered,
State-of-the-Art Heart
Hospital Opening 2024

heart of the matter

Beginning in 2024, INTEGRIS Health will open the doors of the newly constructed INTEGRIS Health Heart Hospital at Baptist Medical Center.

This state-of-the-art facility is designed with our patients top of mind, ensuring easy navigation of all cardiac services in one location. Today, doctor's offices, procedure rooms, operating rooms, labs and waiting areas are spread throughout INTEGRIS Health Baptist Medical Center, Northwest Expressway campus. By creating a central hub for our heart services, our medical teams can be more efficient and better serve our patients and their families.

INTEGRIS Health Baptist Medical Center has long been known as Oklahoma's leader in caring for the most complicated medical needs. The new 209,000 square foot Heart Hospitals expands on that reputation and includes convenient cardiac diagnostic

testing areas, eight Catheterization Labs increasing our capacity by three – comprising an Electrophysiology Suite, a TEE Suite and a Special Procedure Room. The four cardiovascular operating rooms are growing to 950 square feet to accommodate the team of 20+ caregivers needed in the room during a heart transplant.

The INTEGRIS Health Heart Hospital has two 32-bed intensive care units designed for improved efficiency and patient care. Patient rooms are increased to an average of 300 square feet to accommodate the necessary patient care tools, allow for additional high-tech cardiac equipment and to create additional space for caregivers to work. The well-being of our heart patients is at the forefront of every decision in the new facility. Research has shown that having loved ones surround a patient during recovery is vital, and

with larger patient rooms, it will not only be less daunting to the family when they first see their loved one connected to multiple machines, it will also allow them to have space to be physically present during their recovery.

In addition to the room expansions, a cutting-edge dedicated radial day recovery lounge is implemented into the design of the hospital to allow more day-of discharges. Previously, procedures such as placing a stint or an angioplasty would require the patient to stay overnight. However, a much less invasive surgery can be performed by using a radial approach as opposed to the femoral approach, which allows for a quicker recovery. This radial lounge will allow patients to sit for a few hours while watching TV or reading before being discharged shortly afterward.

But not everyone in Oklahoma who needs us can get to INTEGRIS Health Baptist Medical Center for every appointment. The new INTEGRIS Health Heart Hospital will serve as the hub for our network of more than 60 heart hospital clinics statewide. Nearly 50% of our cardiac patients live outside of the OKC metro area, and our incredible heart physicians travel the state to ensure that those patients are getting the care they need, from checkups to transplants.

The INTEGRIS Health Foundation has launched a \$50-million campaign to support the new INTEGRIS Health Heart Hospital. Revolutionary results start with philanthropy.

Visit us at integrisgiving.org to learn more about how you can accelerate progress at INTEGRIS Health.

did you know?

More Oklahomans die from heart disease than in any other state.

209K

square feet dedicated to improving heart health

64

cardiac ICU beds and eight catheterization labs will be inside the new Heart Hospital

60

clinics served in a statewide network

19,944

number of miles traveled each month by our cardiovascular physicians for cardiac care across Oklahoma

impact

by the projects



Neurology & Stroke

Every second counts with a stroke, and last year's INTEGRIS Health Foundation Gala raised more than \$400,000 for equipment that saves precious minutes. Some of these items include Tele Stroke carts for physicians to use while on the move, software that allows patients to be treated without having to be moved to a new location and much more. Funds were donated by INTEGRIS Health caregivers to the YOU&I campaign to purchase boards that calculate weight during transport (shown here). 1.9 million brain cells are lost each minute during a stroke, but these stretchers reduce "door-to-drug" time by four minutes.



Pediatrics

\$7,033 for items like pillowcases and Beads of Courage

Pillowcase Project: Fun print pillowcases make pediatrics patients' stays in the hospital more comfortable and a little more like home.

Beads of Courage: Every time a newborn reaches an important developmental milestone in the NICU, they receive a bead. For parents of a sick or premature infant, just hanging on to any bit of good news they can, these serve as a visual reminder of how far their baby has come.



Caregiver Emergency Relief Fund

When tragedy strikes – whether it's a natural disaster or a devastating personal event – INTEGRIS Health comes to the aid of our own caregivers.

\$236,465

Amount given to help caregivers going through a difficult time financially





Cancer

Cancer is an illness that affects not just the body, but the mind as well. Over the past few years, many generous donors have come together to create an outdoor area for cancer patients to use as a meditation space so they can heal – body, mind and soul.



Nursing

Many nurses experienced the brunt of Covid, taking on never-ending shifts, caring for patients who were isolated from loved ones, and, in some cases, sitting with patients in their last moments. Because of the generosity of several donors' large financial gifts, multiple wellness programs have been initiated at INTEGRIS Health focusing on the mental and physical well-being of our nurses.



Medication Assistance

In the past year, more than \$22,000 in medication assistance was given away to patients who could not otherwise afford it.





caring for our community

Becky sat in the ER, exhausted and alone.

In the past year, she was admitted to the hospital four times and spent 17 days in a hospital bed. She visited the ER three separate times.

Becky needed more help than just a hospital visit every few months. She needed the Community Care Coordination Team.

The first time Becky visited Care Coordination she was unsure of what to think of this team of specially trained nurses and community health workers. Were they really there just to help her?

Becky had been hospitalized several times for various lung and heart problems. She had a stroke, was severely malnourished and was "couch homeless" – relying on friends or family for a place to sleep when she could. Because she relied on supplemental oxygen for breathing, no shelters would take her in.

At her first visit to Care Coordination, Becky brought a bag full of medications. The team assessed her situation, noted what each medication was for and determined which were

the most important to take. They filled two weeks-worth of pill planners for her, helped her schedule cardiology and pulmonary appointments, and made sure she could get her oxygen tanks refilled.

Christina Stuart, an advanced practice nurse on the team, shared, "When Becky first met with us, she was a little unsure and not completely open with me. As visits continued to progress, I would make her laugh, and she became more and more comfortable."

Initially, Becky was not following through on taking her medications daily, but eventually she began to take what Christina had explained were the most important. As rapport with the team increased, she began to follow through more and more. She started to feel safe and cared for.

Christina said, "We always do our best to make our patients feel heard and ensure they don't feel judged."

Over the next few months, Becky continued to visit Care Coordination. They helped her get approved for Medicaid Advantage services so her medications would be covered. The team also assessed Becky's mental health, noting



Impact by the numbers

\$69,823

patient assistance
distributed across the system

that she scored high for depression and anxiety, and convinced her to see a therapist each week.

The Care Coordination team also supplied her with a new portable mattress to help with her chronic pain, got her set up with meals through Advantage, and even supplied her with a calendar for tracking medical appointments and a fanny pack to carry her medications.

Today, Becky is doing well. She continues to visit the Care Coordination team for help with preventative care and has only visited the ER once after a fall.

Becky's appreciation of the Care Coordination team is apparent in her follow through and willingness to follow their recommendations, and it's visible in her interactions with them. She is talkative and comfortable, and she clearly trusts the team.

The Community Care Coordination Team offers help to patients just like Becky every day. But they couldn't do it without financial support from donors like you.

Christina said, "Honestly, we couldn't offer the care and have the impact we do without the ability to purchase medical equipment, medications, transportation, labs...it just couldn't happen. We are so blessed to be

able to offer the care that we do. What a gift to not only our patients but to us as well."

Financial gifts from donors like you make it possible for the Care Coordination team to give high-quality care to all patients, regardless of their ability to pay.

Christina adds, "It removes feelings of hopelessness for our patients and for us as caregivers when managing their care. Without these funds to cover the cost of so many needed items and services, we would only be able to hope for the best but know the likelihood that follow through would be minimal because of our patients' inability to pay. Thank you from the bottom of our hearts. Truly."

Partnering to Expand Patient Assistance:

FIVE QUESTIONS WITH

Jeff Heerhold, Implementation Executive at Epic



1

Tell us a little bit about Epic.

Epic develops software to help people get well, help people stay well and help future generations be healthier. Our company was founded in a basement in 1979 with 1½ employees, and we have grown to over 12,000 employees today. We are employee-owned, developer-led, and we develop all of our own software. More than 250 million patients around the world have a current electronic record in Epic.

2

What drew you to support indigent care through the INTEGRIS Health Foundation?

The INTEGRIS Health Foundation's mission to partner with people to live healthier lives parallels our goal to focus on helping underserved or especially at-risk groups. Our support allows us to align our desire to do good with a critical need in the communities served by INTEGRIS Health.

We appreciate the opportunity to help INTEGRIS Health provide medication assistance, infant car seats, rolling walkers, transportation assistance for hospice and follow-up care, and support your Community Care Coordination team. These efforts improve the lives of your patients, and we are grateful to support your efforts to help those in need.

3

How does supporting indigent care align with Epic's company mission or vision?

Doing good is a part of who we are. Epic staff give back to the community through our volunteering, company-wide drives and annual donations to hundreds of non-profits. Together, we strive to reduce inequity by addressing foundational needs: Health care, the Safety Net and education.

4

Why do you feel investing in indigent care is important?

All people deserve access to quality health care, regardless of ability to pay. We are confident that this fund will help social workers and clinicians at INTEGRIS Health provide care to those who need it most in the communities that you serve.

5

Is there anything else you'd like to tell us about Epic and your support for indigent care?

We are looking forward to all of the great things that the INTEGRIS Health team can accomplish with support from Epic, as well as the greater community.



the gift of goodbye

TRANSPORTATION ASSISTANCE DURING A PATIENT'S FINAL DAYS ALLOWS A FAMILY TO SAY GOODBYE TO THEIR LOVED ONE.

Patients deserve to receive the highest quality of care, and at INTEGRIS Health that's what caregivers strive to provide every day.

Many times, quality care means a patient needs to come to a health care facility more than once for in-person check-ups or travel to multiple facilities. It could also include a family visit to a hospice facility during a patient's final days. But sometimes transportation is a financial barrier that keeps patients from receiving the highest quality of care they deserve.

Fortunately, because of financial gifts like yours, the INTEGRIS Health Foundation has relieved the financial burden of travel for more than 113 families in just the first half of 2022, with a total of \$21,977.

Travel can be especially burdensome to families facing the last days of a loved one's life, and it is not something people usually think to budget for. Approximately 20% of transportation funds distributed in the past year were for families transporting a loved one to their last home at a hospice care facility.

Twalla Battles with Case Management spoke briefly on this matter. "When you as a family do not even have the funds to get your loved



"...you can exhale, even if it is just for a moment."

one to their last home for a few days, I cannot even imagine the relief in knowing someone cares enough to assist you with that. Believe me, those families appreciate it and are most grateful. It helps to start the grieving process a little ... you can exhale, even if it is just for a moment."

On behalf of all the patients who were able to say their final goodbyes surrounded by the people they loved most, thank you.

impact by the numbers

When you give to the INTEGRIS Health Foundation, your gift unites with others to provide a collective impact that makes a difference in the lives of thousands of Oklahomans each year.

4,319

number of Foundation donors in 2022

\$20,964,854

dollars invested back into INTEGRIS Health System in 2022

Celebrating Impactful Events

GOLF
Classic

We celebrate more than
\$150k
raised and welcomed more
than 150 players!



IN RHYTHM
GALA 2022

We celebrate more than
\$770k
raised and welcomed more
than 800 registered!

Join us and follow along with our events all year at ihfevents.org

YOU&I: ANNUAL GIVING CAMPAIGN**Caregivers Kickstart Impact Across INTEGRIS Health**

Ready to be inspired? Every year, thousands of INTEGRIS Health caregivers – from medicine to marketing, from executive leadership to part-time workers – give back to our health system to make a meaningful difference for patients and our community. The YOU&I Campaign is a system-wide annual giving campaign powered by our very own caregivers and represents the meaningful difference philanthropy can make when a large group of supporters band together for an enduring purpose.

**YOU&I
INSPIRE**



2,774

number of caregiver donors in 2022

our
passion

Scan to watch the inspiring stories of why our employees give back.

\$796,926

dollars raised from caregivers

26

number of passion projects funded



Why the stuffed dog?
So glad you asked! Our employees are helping bring this dog to life by funding a facility therapy dog program through this year's YOU&I campaign.

INTEGRIS HEALTH

ARCADIA TRAILS

Center for Addiction Recovery



28%

percentage of Arcadia Trails patients who receive patient assistance funding

\$1.5 million

patient assistance distributed to Arcadia Trails patients

FULL CONTINUUM OF CARE

Arcadia Trails strives to provide a full continuum of care for all patients, which is defined by treatment services of different intensities that can meet the needs of different individuals. For patients who present with a more severe condition, there are detoxification and residential services. For others with a less-severe condition, there are different levels of outpatient services.



Arcadia Trails

Oklahomans from all over our great state have come together to create a transformational movement to attack one of Oklahoma's largest needs — better, more comprehensive addiction treatment. Arcadia Trails offers an unprecedented level of hope for those who are battling addiction, backed by one of the most comprehensive substance use disorder programs the region has ever seen.

"Stigma is one of the strongest barriers in people reaching out and asking for help. It is our duty at Arcadia Trails to work at eliminating this barrier and develop services that will improve access and assure that treatment is provided with the greatest respect for patients' dignity. We need to provide services that people need, when they need it."

JAVIER LEY, DPC, MSHCT, MA

TOP 1%

Ranked in the Top 1% in patient experience as measured by Press Ganey when compared to over 140 inpatient behavioral health facilities that offer substance abuse treatment



Certificate with Distinction

by the Oklahoma Department of Mental Health and Substance Abuse Services for all residential and outpatient programs. This certification is valid until January 2025



Travis Ernst, *Director of Clinical Services at Arcadia Trails*

Art Therapy Spotlight

Art therapy provides our patients an avenue to express themselves creatively in a different way than talk therapy. Creative expressions found through art therapy can foster healing, recovery and well-being in those we serve. Specifically, it can support improvement in cognitive functioning, resolve conflicts and distress, and promote self-awareness and insight that can lead to lasting change.





We are proud to honor our INTEGRIS Health Philanthropists of the Year for their extreme generosity with both their time and their financial gifts. To all seven volunteer auxiliaries in our health system, thank you.

Keep up with what's going on at the foundation all year!



SIGN UP FOR OUR MONTHLY E-NEWSLETTER AT [INTEGRISINGIVING.ORG](https://www.integrisingiving.org)